

Core Unit: Food Availability & Selection Task 1

PART A: Research and Report (P1.1, P1.2) (Total 40 marks)

1. Describe three historical factors which have influenced the availability of different foods throughout the world. (6 marks)
2. Create a Timeline to outline the changes to food availability in Australia since 1788. (Use the guide) (6 marks)
3. Identify and Discuss the reasons behind the changes and developments in the Australian food industry under the following headings :-
 - a) Technological changes in processing and manufacturing.
 - b) Technological changes in food storage and distribution.
 - c) Technological changes in selling and marketing of goods. (12 marks)
4. Explain the impact of the migration of significant cultural groups to Australia from the 1820's to 1990's, on local food availability and selection. (10 marks)
5. Outline the Staple foods of various cultures that have now been incorporated into the general Australian diet. (6 marks)

PART B : Research and Report (P1.1, P1.2) (Total 20 marks)

1. READ and REFER to information about the physiological, psychological, social and economic factors that influence the selection of food by an individual or group. (See Textbook & Notes given in class)
2. Research ONE of the groups from the following list :-
 - Elderly people
 - Vegetarians
 - Athletes
 - A Religious group
 - A specific ethnic group
3. Write a Report on :-
 - a) The types of food favoured and selected by your chosen group.
 - b) The reasons why particular types of food are selected by your chosen group.
 - c) The factors that influence their choices.
 - d) The contemporary factors (this means the current or recent influences) and concerns that have imposed new choices and decisions on your chosen group.
4. Name a suitable dish that you will prepare in class as an example of the types of food preferred by this group. Describe why it has been chosen.